

Center for Research on Management of Sleep
Disturbances

presents

**REORGANIZING DISORGANIZED SLEEP:
A POSSIBLE ROLE FOR PRE-SLEEP
COGNITIVE TRAINING**



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Dr. Gianluca Ficca is a psychiatrist and an expert in sleep research. His research focuses on the sleep/wake and napping patterns of healthy older adults and on the relationship of learning processes and sleep. He is Secretary of the Italian Sleep Research Society (SIRS).

Friday, June 11th, 2010

4:00-5:30 PM

Health Sciences

T-Wing, 6th Floor, Room T661



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